



WKFE WUSHU KUNGFU
FEDERATION OF EUROPE



8th EUROPEAN

**TRADITIONAL
WUSHU – KUNG FU**

LIGHT SANDA TUISHOU

CHAMPIONSHIPS

**HERAKLION CRETE, GREECE
APRIL 30 – MAY 5, 2025**

REGULATIONS



Dear members of the Wushu community,

It is with great enthusiasm that I welcome you all to the 2025 European Traditional Wushu Championships in beautiful Crete. This unique location, with its deep historical roots in democracy and community, provides a wonderful backdrop for our celebration of the traditional Wushu art.

Just as the ancient Greeks came together to share ideas, values and skills, we gather here to honour the core of our sport-harmony, discipline and tradition. This event is much more than a competition; it is a celebration of the diversity, respect, friendship and unity that Wushu brings across borders.

All of you together make this championship more than just a sporting event. You are the soul of the Wushu community, and your presence makes this a memorable experience.

With many countries participating, this tournament is a wonderful opportunity to not only strengthen our traditions but also forge new friendships and connections. Let this event be an inspiration to preserve the valuable Chinese legacy of traditional Wushu and pass it on to future generations.

Finally, I would like to express my thanks to the President of the Hellenic Wushu Kungfu Federation, Mr. Karapanos and volunteers who work tirelessly to make this championship possible. Your commitment and dedication show the true spirit of cooperation that we cherish in Wushu.

Let us celebrate this special occasion together and embrace the power of our shared passion. Together, we will continue to build a future where Wushu, the Chinese heritage, continues to flourish.

Good luck to all the teams!
Let's Bring Wushu Together!

Patrick Van Campenhout

President of the Wushu Kungfu Federation of Europe (WKFE)
Vice- President International Wushu Federation (IWUF)
Member-International Relations Committee-European Olympic Committee (EOC)
Executive member Belgian Olympic Committee (BOIC)



Dear Wushu friends,

It is a great honor for the Hellenic Wushu-Kungfu Federation to be the host of the 8th European Traditional Wushu Championships in Greece.

On behalf of the HWKF, I really appreciate and thank the President and the Board of Directors of the European Federation for entrusting us to take over the championship.

We will be gathered in beautiful Crete to celebrate not only the competition but also the spirit, discipline and unity that define this incredible sport.

We are waiting athletes from all Europe to participate. Athletes, who are dedicated and work hard all year in order to be ready for the European Championship.

Wushu is more than a sport, it is a way of life.

We promise you that you will witness the best organized Championship with high standards in order to meet the expectations and aspirations of the best wushu athletes in Europe who each embodying the values of hard work resilience and sportsmanship.

Let this championship be a stage where skill meets spirit, where competition fosters friendship and where wushu will continue to thrive in Europe.

Looking forward to see you in Greece,

Spiros Karapanos

President of the Hellenic
Wushu-KungFu Federation

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1. DATE & LOCATION

Date: 30th of April 2025 to 5th of May 2025.

Place: Heraklion Crete, Greece.

2. GENERAL PROGRAM

DATE	TIME	EVENT	PLACE
30.05.2025	TBA	Judges Arrival Teams Arrival Judges' Refresher Course	Airport/Hotel or Stadium
01.05.2025	TBA	Judges Refresher Course Teams Training Weighing In Drawing of Lots Opening Ceremony	Hotel or Stadium
02.05.2025	TBA	Competition Day 1 General Assembly	Venue/Hotel
03.05.2025	TBA	Competition Day 2	Venue
04.05.2025	TBA	Competition Day 3	Venue
05.05.2025	TBA	Departures	Hotel/Airport

3. KEY CONTACTS

Local Organizing Committee: hellas8etwc@gmail.com

Wushu Kungfu Federation of Europe: info@wkfe.org

4. PARTICIPATION REQUIREMENTS

4.1. MEMBERSHIP

- The 8th European Traditional Wushu/Kungfu Championships is dedicated exclusively for WKFE members.

- Only those member federations that have paid their WKFE annual membership fees for 2025 and 2024 will be permitted to participate in the championships.

4.2. THE ELIGIBILITY OF THE ATHLETE

- All athletes and judges must have citizenship of the country/WKFE member they represent.
- Athletes who have dual citizenship can only represent one (1) country/ region during the championships.

5. COMPETITION EVENTS, RULES, CATEGORIES

5.1. TRADITIONAL TAOLU EVENTS

5.1.1. TRADITIONAL TAOLU EVENTS – GENERAL INFORMATION

- All the traditional Taolu events except for Jiti (group routine events) will be divided into male and female competition. Mixed-sex Duilian are not allowed.
- Each Taolu athlete may register for at most five (5) events:
 - Three (3) individual events: one (1) bare-hand routine and two (2) weapon routines, or two (2) barehand routines and one (1) weapon routine
 - One (1) Duilian event (choreographed sparring)
 - One (1) Jiti event (group routine).
- There will be a separate registration for every event/style, in the categories described below. A final list of all the events will be formed after the registration. Events/styles might be merged, based on style similarities and considering the below-mentioned categories, so that at least 8 athletes perform in one event.
- In case of merging two or more events, if athlete is listed twice in the merged event, he/she will choose only one routine and compete only once within the merged event.
- Routines may be merged only within the same type of events, as described in points 5.1.2 – 5.1.5.
- Short weapon events may be merged only other with short weapon events, long weapon events may be merged only with other long weapon events.

5.1.2. INDIVIDUAL BAREHAND ROUTINE EVENTS

- Taijiquan-type Events: Chen Style, Yang Style, Wu Style, Wu Style, Sun Style, other traditional Taijiquan routines, Taijiquan compulsory routines (24 Taijiquan, 42 Taijiquan, 40 Yang Style Taijiquan, 56 Chen Style Taijiquan, 45 Wu Style Taijiquan, 46 Wu Style Taijiquan, 73 Sun Style Taijiquan) and standardized routines (Yang Style Taijiquan, Chen Style Taijiquan), excluding 3rd Set Compulsory Taijiquan.
- Nanquan-type Events: Yongchunquan (Wing Chun), Wuzuquan (Ngo Cho), Cailifoquan (Choy Lay Fut), Hongjiaquan (Hung Gar), Dishuquan, and other southern styles.

- Other Style Events: Xingyiquan, Baguazhang, Bajiquan, Tongbiquan, Piguaquan, Fanziquan, Ditangquan, Yingzhaoquan (Eagle Style), Tanglangquan (Mantis Style), Chaquan, Huaquan, Paoquan, Hongquan, Shaolinquan, Wudangquan, Emeiquan, and other types of traditional styles.

5.1.3. INDIVIDUAL WEAPON ROUTINES

- Single-weapon Routines: Dao (Broadsword), Jian (Straight Sword), Gun (Cudgel/Staff), Qiang (Spear), Pudaο, Guandao/Dadao (Kwan Dao), Shanzī (Fan), Bishou (Dagger), Changsuijian (Long Tassel Straight Sword), Yang Taijijian (Sword), Chen Taijijian (Sword), 32 Taijijian, 42 Taijijian, New Standardized Yang Style Taijijian, New Standardized Chen Style Taijijian, Taijishan, Zuijian (Drunken Sword), Nandao (Southern Broadsword), Nangun (Southern Staff/Cudgel), and other traditional single-weapon routines.
- Double-weapon Routines: Shuangdao (Double Broadsword), Shuangjian (Double Straight Sword/ Double Long Tassel Straight Sword), Shuangbian (Double Nine Section Whip Chain/ One Nine Section Whip Chain with Broadsword), Shuanggou (Double Tiger Hooks), Shuangbishou (Double Daggers), Shuangyue (Bagua Double Deer Horn Knives), and other traditional double-weapon routines.
- Flexible/Soft-weapon Routines: Jiujiēbian (Nine Section Whip Chain), Shuangjiēgun (Nunchucks), Sanjiēgun (Three Section Staff), Liuxingchui (Meteor Hammer), Shengbiao (Rope Dart), and other traditional flexible/soft-weapon routines.

5.1.4. DUILIAN EVENTS (CHOREOGRAPHED SPARRING)

- Two (2) Person Duilian: Bare-hand Duilian, Weapon Duilian, Bare-hand vs. Weapon Duilian.
- Three (3) Person Duilian: Bare-hand Duilian, Weapon Duilian, Bare-hand vs. Weapon Duilian.
- Only traditional Duilian (choreographed sparrings) are allowed.

5.1.5. JITI EVENTS (GROUP ROUTINES)

- Jiti group bare-hand routine
- Jiti group weapon routine

5.1.6. AGE CATEGORIES – TRADITIONAL ROUTINES

- Group A: From 9 to 11 years old (born in 2014, 2015 and 2016);
- Group B: From 12 to 14 years old (born in 2013, 2012, 2011);
- Group C: From 15 to 17 years old (born in 2010, 2009, 2008);
- Group D: From 18 to 39 years old (years of birth: 1986 to 2007);
- Group E: From 40 to 59 years old (years of birth: 1966 to 1985);
- Group F: 60 years of age and above (born in and before 1965).

5.1.7. COMPETITION RULES – TRADITIONAL ROUTINES

- Unless otherwise stated within these regulations, the competition will be conducted in accordance with the:

- 2019 IWUF “Traditional Wushu Competition Rules and Judging Methods (Trial)” (English version).
- The Rules and Methods may be interpreted solely at the discretion of WKFE.

5.1.8. ROUTINE TIME LIMITS

- Individual Routine Events, Duilian (Choreographed Sparring) events: 40 seconds - 2 minutes in total (excluding Taijiquan-type events).
- Taijiquan-type and Taijijian events: 3-4 minutes in total, excluding: 42 Taijiquan, 40 Yang Competition Routine, 56 Chen Competition Routine, 45 Wu Competition Routine, 46 Wuu Competition Routine, 73 Sun Competition Routine (5-6 minutes), 24 Taijiquan (4-5 minutes) and 42 Taijijian (4-5 minutes).
- Jiti Events (Group Routine) 3 - 4 minutes in total.

5.2. LIGHT SANDA

5.2.1. LIGHT SANDA - GENERAL INFORMATION

- The Light Sanda competition will be Individual Competition.
- Each team may enter a maximum of one (1) athlete per weight category.
- Each athlete may enter a maximum of one (1) weight division.
- The single knockout/elimination system will be adopted. If the number of competitors is three (3) or less, a single round-robin method will be adopted.
- All Light Sanda athletes must weigh in daily during the competition.
- All Light Sanda athletes must present their passport or their National Identity Card to take part in the weigh-in.

5.2.2. COMPETITION RULES – LIGHT SANDA

- Unless otherwise stated within these regulations, the competition will be conducted in accordance with the “2024 WKFE Wushu Light Sanda Competition Rules & Judging Method”.
- The Rules and Methods may be interpreted solely at the discretion of WKFE.

5.2.3. UNIFORM & EQUIPMENT – LIGHT SANDA

- All competitors shall wear IWUF-approved clothing and protective gear. IWUF-approved clothing for men includes Sanda shorts and a vest; for women, it includes Sanda shorts and a t-shirt. Shorts and vest will be the same color, red or blue.
- Competitors must provide their clothing, including one (1) set in red and one (1) in blue. Protective gear is separated into two colors, namely red and blue.
- Protective gear includes headgear, gloves, chest protector and shin guards.
- Competitors must provide gum guards, groin cups, shin guards and hand wraps.
- The groin cups must be worn under the trunks.
- The length of hand wraps shall be between 3.5m and 4.5m.

5.2.4. AGE AND WEIGHT CATEGORIES – LIGHT SANDA

- Junior Competitors

- o Age categories: 12 to 14 (including 14) years of age
- o Male weight divisions : 39 kg, 42 kg, 45 kg, 48 kg, 52 kg, 56 kg, 60 kg, 64 kg, 68 kg, 72 kg
- o Female weight divisions: 39 kg, 42 kg, 45 kg, 48 kg, 52 kg, 56 kg, 60 kg, 64 kg, 68, 72 kg
- Youth Competitors
 - o Age categories: 15 to 17 (including 17) years of age
 - o Male weight divisions : 48 kg, 52 kg, 56 kg, 60 kg, 65 kg, 70 kg, 75 kg, 80 kg, 85 kg, 90 kg.
 - o Female weight divisions: 48 kg, 52 kg, 56 kg, 60 kg, 65 kg, 70 kg, 75 kg, 80 kg
- Adult Competitors
 - o Age categories: 18 to 40 (including 40) full years of age
 - o Weight divisions: 48 kg, 52 kg, 56 kg, 60 kg, 65 kg, 70 kg, 75 kg, 80 kg, 85 kg, 90 kg, 100 kg, +100 kg.
 - o Female weight divisions: 48 kg, 52 kg, 56 kg, 60 kg, 65 kg, 70 kg, 75 kg, 80 kg

The age of Sanda athletes will be determined based on the actual age of an athlete on the 1st of May 2025. All Sanda athletes should reach their age categories requirements on that day the latest.

5.3. TUISHOU

5.3.1. TUISHOU – GENERAL INFORMATION

- The Tuishou competition will be Fixed Step Individual Competition
- Each team may enter a maximum of one (1) athlete per weight category.
- Each athlete may enter a maximum of one (1) weight division.
- The single knockout/elimination system will be adopted. If the number of competitors is three (3) or less, a single round-robin method will be adopted.
- All Tuishou athletes must weigh in daily during the competition.

5.3.2. COMPETITION RULES – TUISHOU

- Unless otherwise stated within these regulations, the competition will be conducted by the “2024 WKFE Tuishou Rules & Judging Method”.
- The Rules and Methods may be interpreted solely at the discretion of WKFE.

5.3.3. DRESS CODE – TUISHOU

- Competitors wear red or blue long tracksuits or Wushu pants and red or blue short-sleeved T-shirt, plain and with no signs or symbols on it.
- Competitors perform barefoot.

5.3.4. AGE AND WEIGHT CATEGORIES – TUISHOU

- Junior Competitors
 - o Age categories: 12 to 14 (including 14) years of age
 - o Male weight divisions : 39 kg, 42 kg, 45 kg, 48 kg, 52 kg, 56 kg, 60 kg, 64 kg, 68 kg, 72 kg

- o Female weight divisions: 39 kg, 42 kg, 45 kg, 48 kg, 52 kg, 56 kg, 60 kg, 64 kg
- Youth Competitors
 - o Age categories: 15 to 17 (including 17) years of age (born in 2010, 2009, 2008).
 - o Male weight divisions : 48 Kg, 52 Kg, 56 Kg, 60 Kg, 65 Kg, 70 Kg, 75 Kg, 80 Kg, 85 Kg, 90 Kg.
 - o Female weight divisions: 48 Kg, 52 Kg, 56 Kg, 60 Kg, 65 Kg, 70 Kg, 75 Kg, 80 Kg
- Adult Competitors
 - o Age categories: 18 to 40 (including 40) full years of age (years of birth from 1985 to 2007).
 - o Weight divisions: 48 Kg, 52 Kg, 56 Kg, 60 Kg, 65 Kg, 70 Kg, 75 Kg, 80 Kg, 85 Kg, 90 Kg, 100 kg, +100 Kg.
 - o Female weight divisions: 48 Kg, 52 Kg, 56 Kg, 60 Kg, 65 Kg, 70 Kg, 75 Kg, 80 Kg

6. AWARDS

- There will be separate awards for all the events.
- The awarding will be conducted following the Rules unless stated otherwise.

6.1. TAOLU:

Events with less than 8 participants might be merged with other similar events as described above. In case merging is not possible due to huge style/age category differences, the following procedure will be followed:

- In categories with 3 participants only the first 2 places will be awarded medals.
- In categories with 2 participants only the first place will be awarded a medal.
- In categories with only 1 participant, no medals will be awarded.

6.2. LIGHT SANDA:

- In categories with 4 or more participants: 1st, 2nd and two 3rd places will be awarded.
- In categories with 3 participants (round-robin system): 3 medals will be awarded.
- In categories with 2 participants: 1st and 2nd places will be awarded.
- In categories with only 1 participant, no medals will be awarded.

7. APPEAL PROCEDURE

All the appeals will be carried according to:

- Traditional Taolu: “2019 IWUF Traditional Wushu Competition Rules and Judging Methods (Trial)” (English version).
- Light Sanda: the “2024 WKFE Wushu Light Sanda Competition Rules & Judging Method”.
- Tuishou: “2024 WKFE Tuishou Rules & Judging Method”.

8. ANTI-DOPING CONTROL

- Doping control will be conducted according to the requirements of the IWUF. All members of the official teams are required to abide by both the IOC's Code of Ethics and the WKFE ethics code.
- According to the Olympic Charter provisions, the disciplinary measures apply to ALL age groups, including those of the junior competitions. (IOC Code of Ethics: "The IOC Code of Ethics and Implementing Provisions apply to the Youth Olympic Games.")

9. TEAM COMPOSITION

- Each member federation can enter at most one (1) team, called "Team."
- Each Team can comprise both Traditional Taolu, Light Sanda and Tuishou athletes.
- Each athlete can enter both Traditional Taolu, Light Sanda and Tuishou events.
- Each Team shall comprise a maximum total of one hundred sixty-eight (168) members (apart from observers), with up to fifty-six (56) Taolu athletes, up to fifty-six (56) Sanda athletes, up to fifty-six (56) Tuishou athletes, six (6) team coaches, two (2) team doctors and one team leader:
 - o One (1) Team leader
 - o Two (2) Taolu coaches
 - o Two (2) Sanda coaches
 - o Two (2) Tuishou coaches
 - o Two (2) Team doctors
 - o Twenty-eight (28) adult Taolu athletes, namely fourteen (14) men and fourteen (14) women
 - o Twenty-eight (28) junior/youth Taolu athletes, namely fourteen (14) men and fourteen (14) women
 - o Twenty (20) adult Light Sanda athletes, namely twelve (12) men and eight (8) women
 - o Eighteen (18) youth Light Sanda athletes, namely ten (10) men and eight (8) women
 - o Eighteen (18) junior Light Sanda athletes, namely ten (10) boys and eight (8) girls
 - o Twenty (20) adult Tuishou athletes, namely twelve (12) men and eight (8) women
 - o Eighteen (18) youth Tuishou athletes, namely ten (10) men and eight (8) women
 - o Eighteen (18) junior Tuishou athletes, namely ten (10) men and eight (8) women
- The number of registered observers is not limited.

10. TECHNICAL OFFICIALS / JUDGES

- Each WKFE member is required to provide at least one (1) judge for its Taolu Team, at least 1 (one) judge for its Sanda & Tuishou Team, and at least one (1) judge for its Tuishou team. Teams with (2) two or less Sanda athletes are not required to provide a Sanda judge. Example:

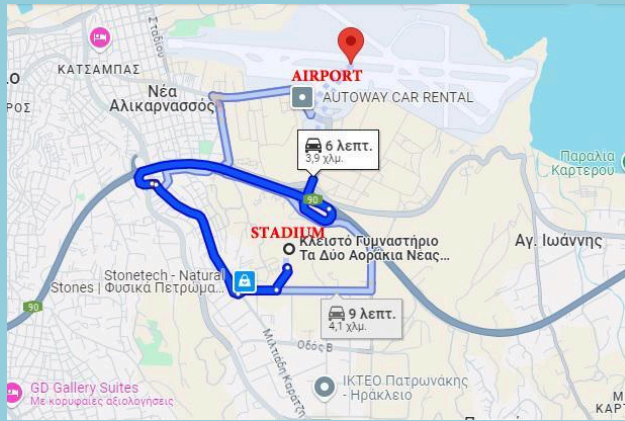
- o 1 Taolu team registered: 1 Taolu judge.
- o 1 Sanda team registered: 1 Sanda judge (if more than 2 Sanda athletes)
- o 1 Taolu and 1 Sanda team registered: 1 Taolu and 1 Sanda judge required (if more than two Sanda athletes).
- o 1 Taolu, 1 Sanda and 1 Tuishou team registered: 1 Taolu, 1 Sanda, 1 Tuishou judge required etc.
- The same person may be registered as Sanda judge and Tuishou judge. However, Taolu judge may not be registered as Sanda and/or Tuishou judge.
- Judges must be certified WKFE judge, with valid WKFE judge's license.
- Judges must have citizenship of the same nationality as the country they represent.
- WKFE may invite independent judges for the Taolu, Sanda and Tuishou competition.
- The judge's refresher course (online and/or stationery) will take part before the competition and is mandatory for every registered judge.
- WKFE will cover judges per diem for one (1) Taolu, one (1) Sanda and/or one (1) Tuishou judge provided by each WKFE member.

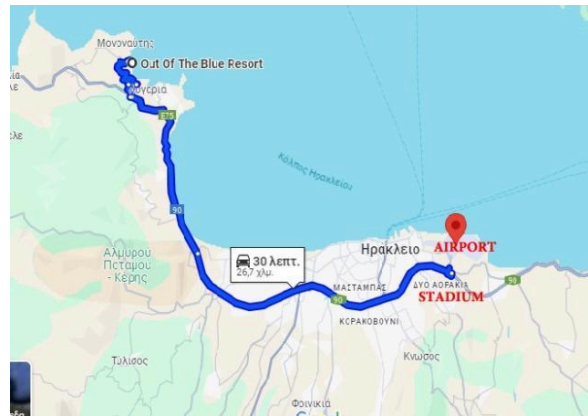
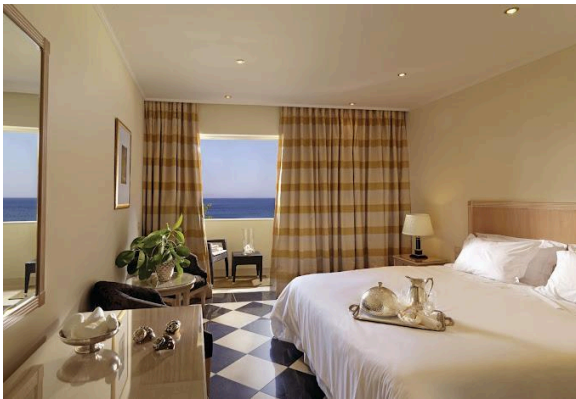
11. VENUE

The stadium of Heraklion is located in the location of Dio Aorakia in the area of Nea Alikarnassos of the Municipality of Heraklion, a stone's throw from the airport and the port of Heraklion.

The capacity of the stadium in Heraklion is 5,222 people and it is the only indoor sports facility in Crete that has hosted major sporting events of international prestige, European and World championships.







12.2 HOTEL PETOUSIS

HOTEL PETOUSIS

Andrea Papandreou 140 Heraklion, Crete Island, Greece



13. REGISTRATION

13.1. PRELIMINARY ENTRIES

Preliminary entries deadline: 28th of February 2025.

13.2. FINAL ENTRIES

Final entries deadline: 7th of April 2025. Detailed information about the final entries' procedure will be sent out to all the WKFE members shortly.

14. INSURANCE AND MEDICAL DOCUMENTS

- All competitors must show a health certificate signed by a doctor to the organizer upon registration.
- The health certificate should state in English that the athlete is in good health condition, eligible to participate in the 8th European Traditional Wushu/Kungfu Championships (template attached).
- The health certificate is only valid if issued 30 days or less before the competition.
- Each Team is responsible for insuring its athletes against injury and third-party risk (public liability) during the period of the championships. The WKFE and the LOC are not responsible in part or in whole for the said liability.

15. ETHICS CODE

All official team members, including observers, shall respect the WKFE Ethics Code. In addition to that, as the WKFE Bod voted to implement the IWUF and IOC Ethics Code, under the IOC Charter, all participants, including juniors, are bound by all Codes.

16. COPYRIGHT POLICY

All professionally recorded material associated with the 8th European Traditional Wushu/Kungfu Championships, whether used or not, remains the property of the WKFE. This equally applies to all media rights and photographs and videos or any other form of reproduction, whether digital of 8th European Traditional Wushu/Kungfu Championships Regulations or otherwise, howsoever reproduced at the time of the event, whether used then or at any later date and shall remain the property of the WKFE for its sole use for any purpose it may decide at its discretion. All event participants shall accept and abide by this rule as a condition of attendance.

17. OTHER NOTES

Each team is required to provide the following:

- The original Final Entry Form signed by the President of the respective federation with the official seal of the federation.
- Passport or National Identity Card for each participant;
- The 8th European Traditional Wushu/Kungfu Championships "Waiver of Liabilities" for each participant;
- Health certificate and insurance as described in chapter 13 above;

- For competitors under eighteen (18) years old, the parent or legal guardian must sign the written agreement for participation and the liability waiver.
- The interpretation of these rules shall be the sole responsibility of the WKFE Technical Committees for each corresponding discipline.

The 19th European Wushu Championships Rules and Regulations,
2024 WKFE Wushu Light Sanda Competition Rules & Judging Methods
and 2024 WKFE Tuishou Rules & Judging Method are developed by:

WKFE Technical and Judges' Committees

WKFE 8th ETWC Organizing Committee.

Contact information:

Local host organizer: hellas8etwc@gmail.com

WKFE Organizer: info@wkfe.org